COVID-19 Contact Tracing

Your actions make all of us safer. Local Health Departments are here to help us slow the spread of COVID-19 to keep you, your family, and your community safe.

If you have COVID-19

Your Local Health Department will call to let you know you’ve been exposed to COVID-19
You should call the people you have recently been in contact with
They will ask you to stay home to self-isolate and offer resources, if needed. See here for more patient guidance

If you have been around someone with COVID-19

Your Local Health Department or someone you have been around recently will let you know that you’ve been exposed to COVID-19
You will be asked to watch your symptoms and let your Local Health Department know if you have new symptoms
They will ask you to stay at home and self-quarantine for 14, 10, or 7 days depending on your circumstances. See here for more quarantine guidance

You will never be asked for your Social Security Number, passwords, or banking information. If asked, please report to the Attorney General's Office at 1-800-804-7556.