Have you been exposed to or tested positive for COVID-19?

If you have tested POSITIVE FOR COVID-19 and have SYMPTOMS:

Isolate for

10 DAYS from the date symptoms began.

- If symptoms fully resolve, isolation may be shortened and end after day 5 on the first day without symptoms.
- Wear a well-fitting face mask for 10 full days since the start of symptoms. Isolation should not be shortened if a mask cannot be worn properly and consistently.

If you have tested POSITIVE FOR COVID-19 and have NEVER HAD SYMPTOMS:

Isolate for

5 DAYS from the date you had your test done.

- Wear a well-fitting face mask for 5 additional days.
- Isolation should be extended to 10 days if a mask cannot be worn properly and consistently.

If you have been in CLOSE CONTACT with someone diagnosed with COVID-19:

Monitor Symptoms for

10 DAYS from your last exposure.

- You do not need to quarantine if you do not have symptoms.
- Wear a well-fitting face mask for 10 days from your last exposure when in public places.
- Stay home and get a test if symptoms develop.
- Get a test 5 or more days after exposure.

The best protection against COVID-19 is to stay up to date with recommended COVID-19 vaccines, including any booster dose(s) when eligible.

To find a COVID-19 vaccine or booster near you: Search vaccines.gov, text your ZIP code to 438829 or call 1-800-232-0233.

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KYCOVID19.KY.GOV